

BOSTON POST CANE

2008 RECIPIENT

HELEN L. HIGGINS



The cane was recently presented to Mrs. Helen Higgins who was originally born in Rhode Island, but has lived in Levant the vast majority of her life. Helen has been a long-time member of the Minerva Grange and has been active on various other Town groups such as the Historical Society. She enjoys writing short narratives and poetry as evidenced by a book entitled *Memories* that she wrote and had published in 2002. The following is an excerpt from the book which exemplifies Helen's amazing spirit and positive outlook on life:

Old Age

*Years have a way of slipping by,
And sometimes we are not prepared,
Then lo and behold, one day we awake,
To the fact that we are old and we feel scared.*

*So we start taking stocks of ourselves and we find,
As we grow older and our voices start to squeak,
And our bones start to creak.
Our eyes grow dim, and our hair gets thin.
Wrinkles appear; teeth disappear.
Our memory plays tricks, and hearing is the pits.
But wait...a pleasant surprise, we wake up in the morning,
And we thank God we are alive.*

-Helen Higgins

